

Sunflower Table Runner



48" x 26" Pieced & FPP Project



Sunflower Table Runner

Supplies For Full Table Runner

Table runner will measure 48"x26"

- Add-A-Quarter Ruler
- Printer Paper
- Washable Glue Stick

- **2 Yards light batik for background**
- **1 Fat quarter brown batik**
- **1 Fat quarter dark green batik**
- **1 Fat quarter light green batik**
- **1 Yard black (includes binding)**
- **1 Yard dark orange batik**
- **1 Yard light orange batik**
- **1 ½ Yard for backing**

General Paper Piecing Instructions

1. Print the number of the needed foundation patterns according to the block you are piecing.
2. Decide on your fabric colors and label each section on the pattern according to your fabric choice.
3. Cut fabric according to cutting chart and layout on your table space in the order you will sew the fabric to the foundation papers.
4. Sew the foundation papers starting with section 1. Use the glue stick to glue the wrong side of the fabric to the paper on the back side covering the seam allowance around section 1.
5. Fold back the paper using a piece of cardboard or thin plastic along the line between section 1 and 2.
6. Trim the fabric by laying the Add-A-Quarter ruler along the folded paper and trimming.
7. Lay your section 2 fabric under the section 1 fabric with right sides together along the seam allowance you trimmed in the previous step.
8. Fold the paper flat and sew on the bold line between section 1 and 2.
9. Iron the sewn section open.
10. Continue with the next section by repeating step 7 through 10.
11. After the paper pattern is complete, iron flat and trim on the outside line. Remove the paper.

- The instruction in this pattern is broken up into 3 parts
- according to the videos I filmed. There is a video on the 24" sunflower, small sunflowers and one on completing the table runner. If you would like more detailed instructions please check out my playlist for this pattern.

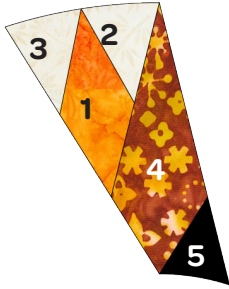


Playlist for all the videos for the table runner.



Sunflower Table Runner

Sunflower 24" Block FPP



Supplies For Block Only

- 1 yard for background (Sec 2, 3 and border)
- 1 Fat quarter brown batik
- 1/4 yard black batik (Sec 5)
- 1/2 yard dark orange batik (Sec 4)
- 1/2 yard light orange batik (Sec 1)

Printing Instructions

- Print 20 copies of the foundation patterns for the leaf block.
- See instructions for paper piecing in the "General Paper Piecing Instructions" section.

Cutting Chart

WOF = width of fabric

Fabric	Sec	Sub-cut	Qty	Final Cut
Lt. Orange Batik	1	(4) 3" x WOF	20	3" x 6"
White Batik	2,3	(3) 4 1/2" x WOF	20	4 1/2" sq, cut diagonally for (40) triangles
Dk. Orange Batik	4	(4) 3" x WOF	20	3" x 8"
Black Batik	5	3" x WOF	20	3" x 4"
Brown Batik	Circle	(1) 12" sq Fabric (1) 12" sq interfacing	1	See instructions
White Batik	Background border	(1) 13 1/2" x WOF	4	Use template

Assembly

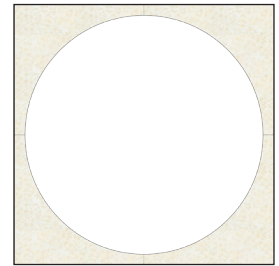
1. Lay out the units to form a circle.
2. Sew units together matching the intersections.
3. Remove the paper and press.
4. Place the center circle fabric right side down on a 12" sq of light weight interfacing. Use the circle template to trace the circle on to the fabric.
5. Sew the interfacing and fabric together on the marked circle line.



6. Cut interfacing on the back and turn right side out.
7. Press seam and trim away excess interfacing.
8. Applique the circle to the center by machine or hand sewing.



9. Use the template for the background to cut your background pieces.
10. Sew background pieces together along the short ends to create a square with a cut out circle in the middle.



11. Fold the sunflower block in half and mark the centers.
12. Fold in half again and mark centers.
13. Pin the background to the sunflower circle together matching seams to the marked quadrants.
14. Continue pinning around the sunflower.
15. Sew together after pinning.
16. Press

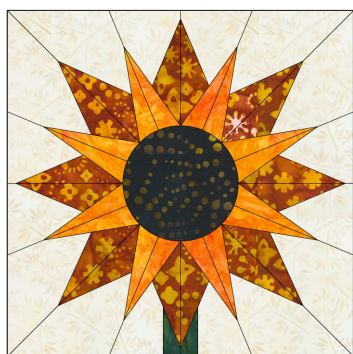
Sunflower Table Runner

Star Sunflower 10" Block FPP

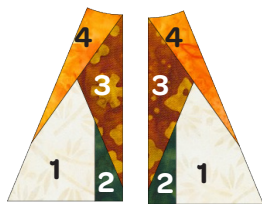
Supplies For Block Only:

Create two blocks for table runner. Cutting is for two blocks.

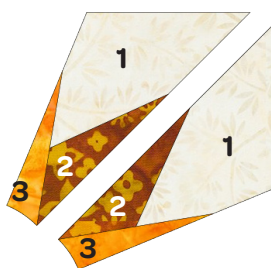
- 1 yard for background (Sec 2, 3 and border)
- 1 Fat quarter brown batik
- 1/4 yard black batik (Sec 5)
- 1/2 yard dark orange batik (Sec 4)
- 1/2 yard light orange batik (Sec 1)



Units A & B



Units C & D



Units E & F

Printing Instructions

Print 2 copies of the foundation patterns for the star sunflower block. This is for two blocks.

See instructions for paper piecing in the "General Paper Piecing Instructions" section.

Cutting Chart

WOF = width of fabric

Background - White Batik			
Unit	Sec	Sub-cut	Final Cut
A, B, C, D	1	(2) 3" x WOF	(16) 3" x 3 1/2"
E, F	1	(2) 3 1/2" x WOF	(16) 3 1/2" x 5 1/2"

Dark Orange Batik

Unit	Sec	Sub-cut	Final Cut
A, B	2	(2) 2" x WOF	(16) 2" x 5"
C, D	3	Included in above	
E, F	2	(2) 2 1/2" x WOF	(16) 2 1/2" x 5"

Light Orange Batik

Unit	Sec	Sub-cut	Final Cut
A, B	3	(2) 2" x WOF	(16) 2" x 5 1/2"
C, D	4	Included in above	
E, F	3	(2) 1 1/2" x WOF	(16) 1 1/2" x 5"

Dark Green Batik

Unit	Sec	Sub-cut	Final Cut
C, D	2	(1) 1 1/2" x WOF	(4) 1 1/2" x 2 1/2"

Brown Batik

Desc	Qty	Cutting
Circle	1 each fabric and interfacing	5" sq

Assembly

1. After removing paper, arrange units to form a block.
2. Starting at the left corner E, F units, sew the two units together.
3. Continue sewing the units in a clockwise fashion around the block. See video for managing seams and pressing.
4. Draw circle on center circle fabric using the temple.
5. Sew the interfacing and fabric together on the marked circle.
6. Cut interfacing on back and turn right side out.
7. Press.
8. Trim interfacing to a 1/4" from seam of circle.
9. Applique center to center of block with machine or by hand.
10. Press block and trim to 10 1/2" sq.

Sunflower Table Runner

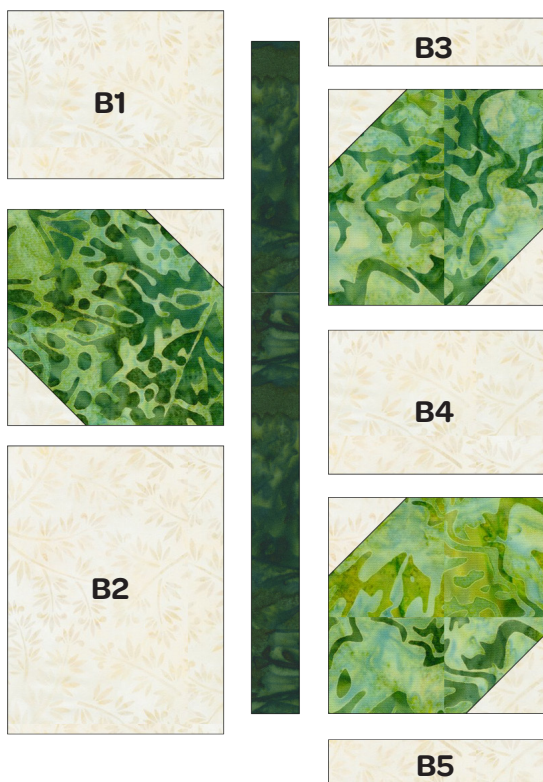
Final Assembly



Finishing the Star Sunflower Block

Finished block measures
10 1/2" by 24 1/2"

Leaf Block Create 6



Supplies For Block Only

Create two blocks for table runner

- 1 yard for background (Sec 2, 3 and border)
- 1 Fat quarter brown batik
- 1/4 yard black batik (Sec 5)
- 1/2 yard dark orange batik (Sec 4)
- 1/2 yard light orange batik (Sec 1)

Cutting Chart

WOF = width of fabric

Background - White Batik			
Unit	Sec	Sub-cut	Final Cut
Leaf	2, 3	(2) 3 1/2" x WOF	(12) 3 1/2" sq, Cut diagonally, (24) triangles
B1	N/A	(1) 5" x WOF	(2) 4" x 5"
B2	N/A	From Above Strip	(2) 6 1/2" x 5"
B3, B5	N/A	From Above Strip	(4) 1 1/2" x 5"
B4	N/A	From Above Strip	(2) 3 1/2" x 5"

Light Green Batik			
Unit	Sec	Sub-cut	Final Cut
Leaf	1	(1) 5 1/2" x WOF	(6) 5 1/2" sq

Dark Green Batik		
Unit	Sub-cut	Final Cut
Stem	(1) 1 1/2" x WOF	(2) 1 1/2" x 14 1/2"

Printing Instructions

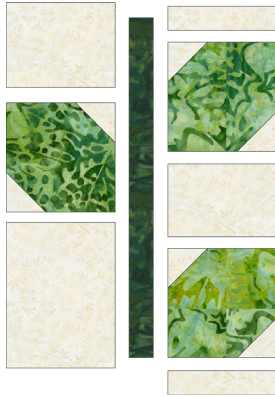
Print 6 copies of the foundation patterns for the leaf block.

See instructions for paper piecing in the "General Paper Piecing Instructions" section.

Sunflower Table Runner

Leaf Block Assembly

1. Arrange unit according to diagram below.



2. Working in vertically, sew the patches in the leaf columns together.



- Sew the columns together to finish the block.
- Sew the Star Sunflower block to the top of each leaf block. Total of two complete blocks.



Final Runner Assembly



Black Batik

Desc	Sub-cut	Final Cut
Sashing	(5) 1 1/2" x WOF	(2) 1 1/2" x 24 1/2"
Top/Bottom Border	From Above Strips	(2) 1 1/2" x 46 1/2"
Side Border	From Above Strip	(2) 1 1/2" x 26 1/2"
Binding	N/A	(4) 2 1/2" x WOF

Table Runner Assembly

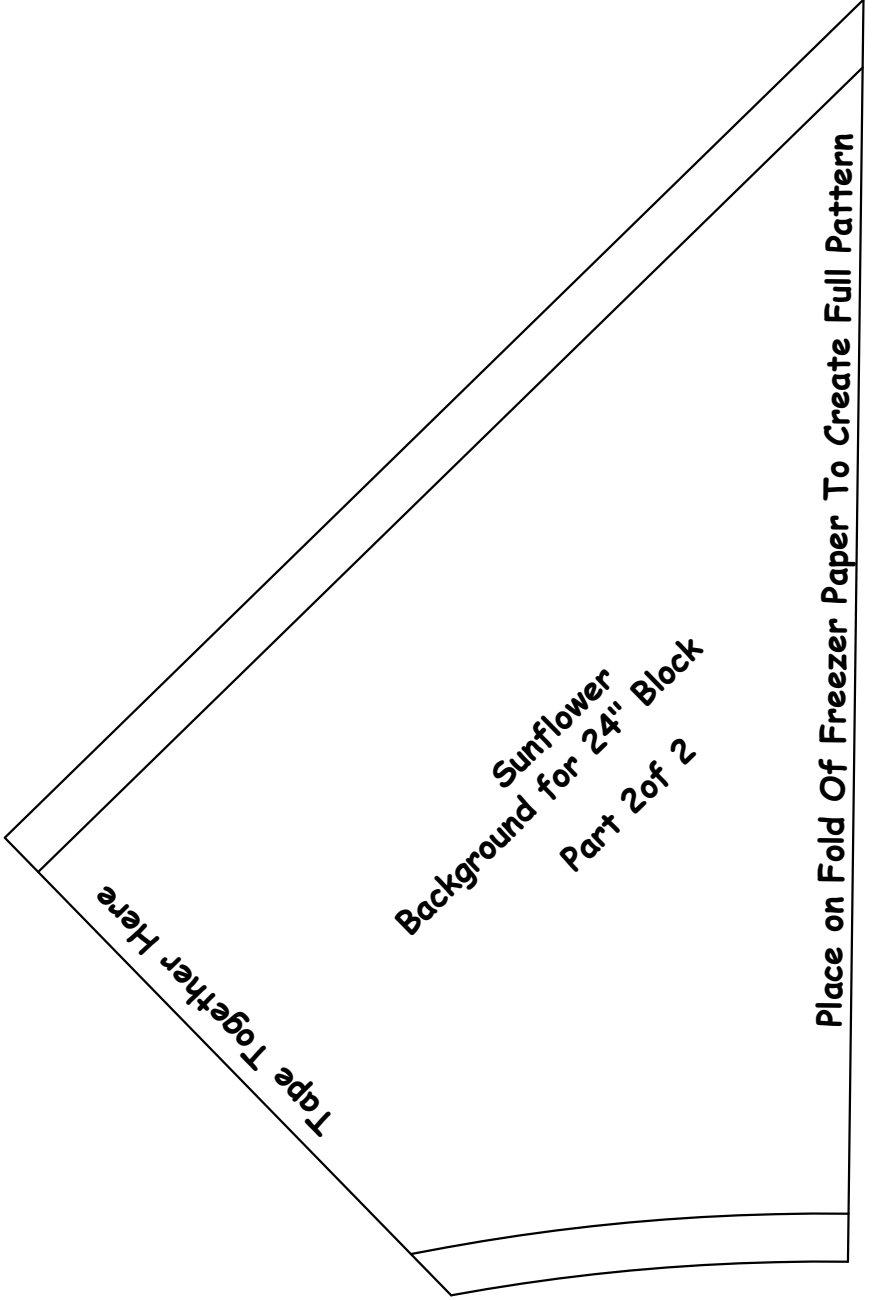
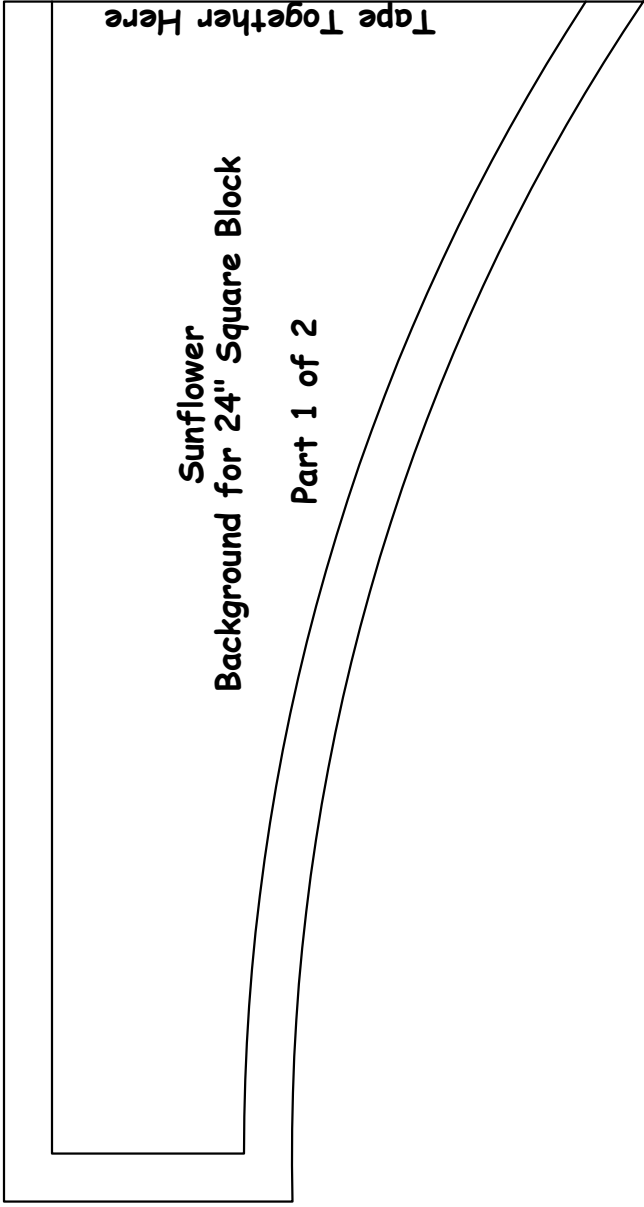
1. Sew the sashing between the blocks..

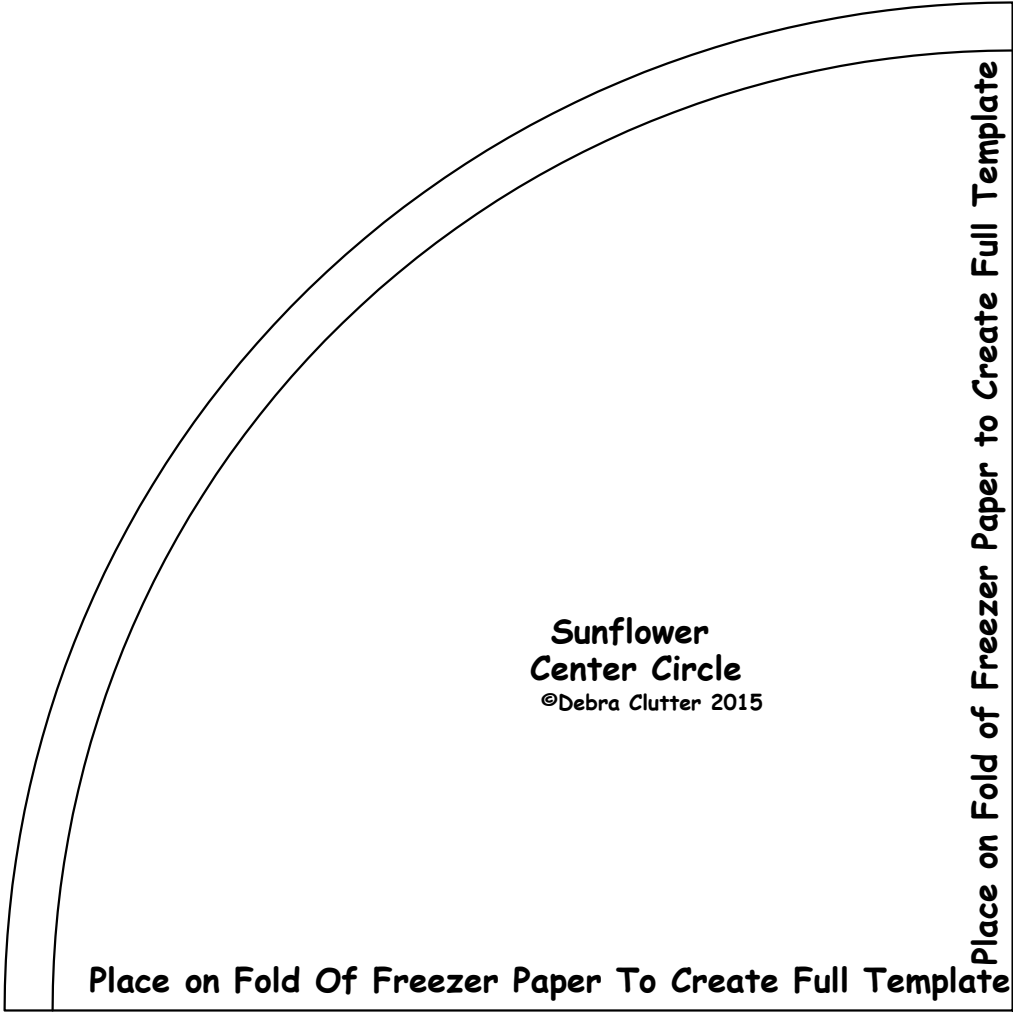


2. Sew the top and bottom border to the quilt top.



- Sew the side borders to the quilt top.
- Press.



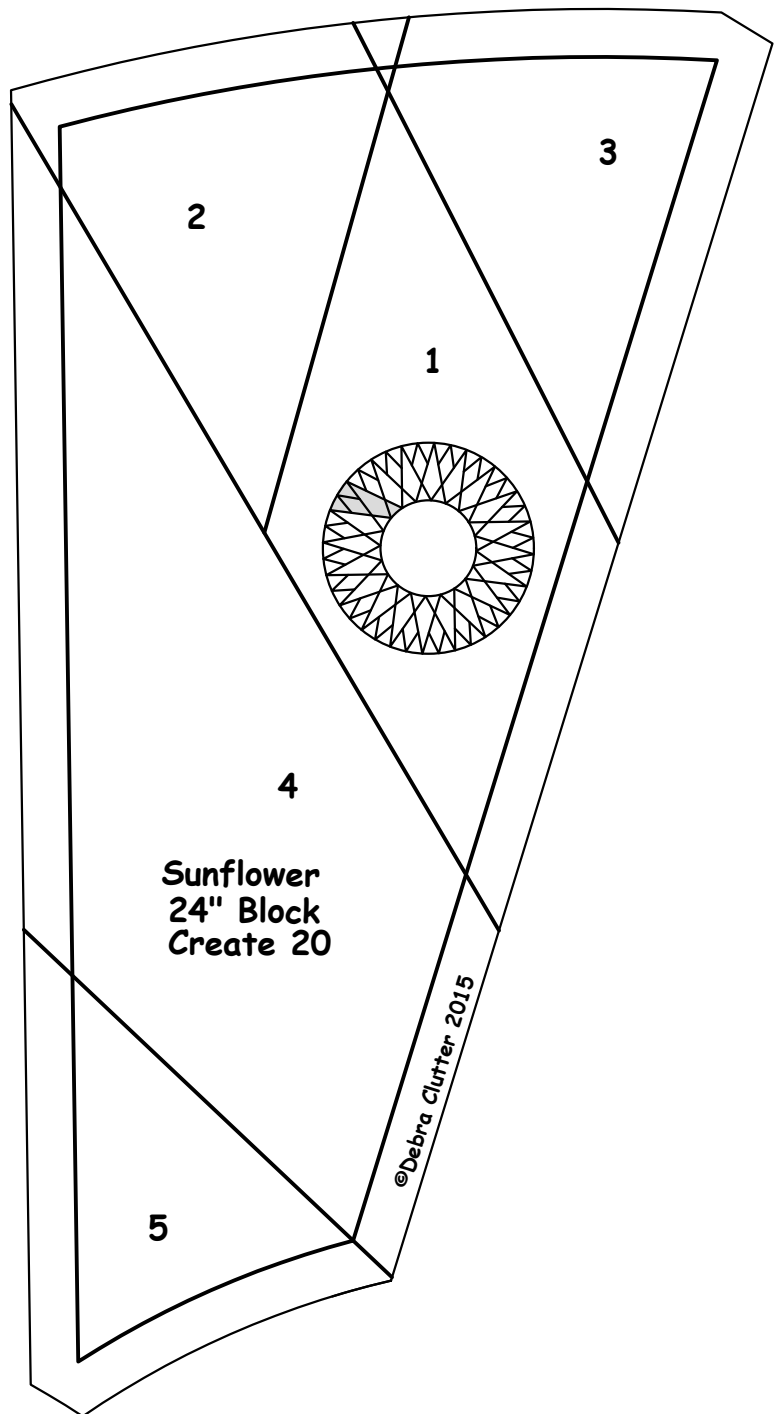
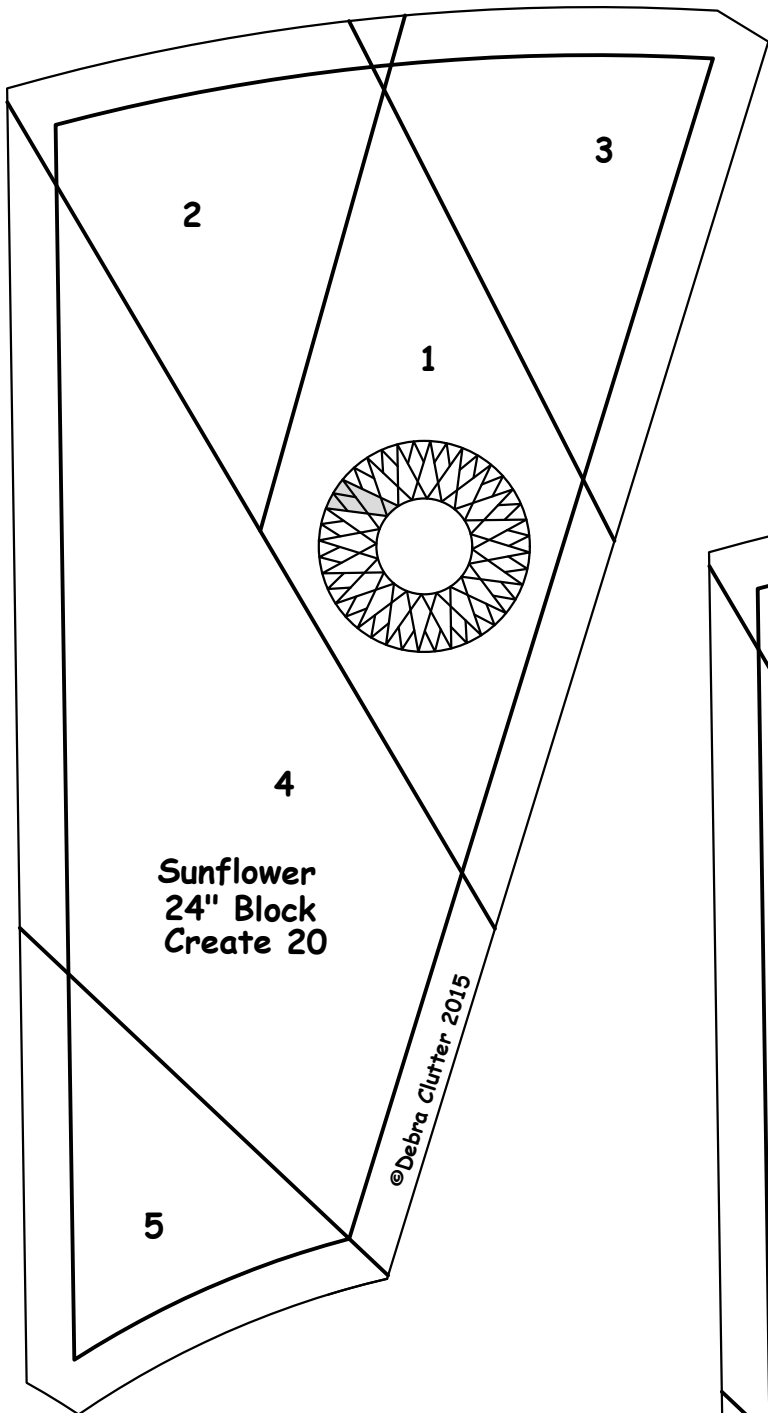


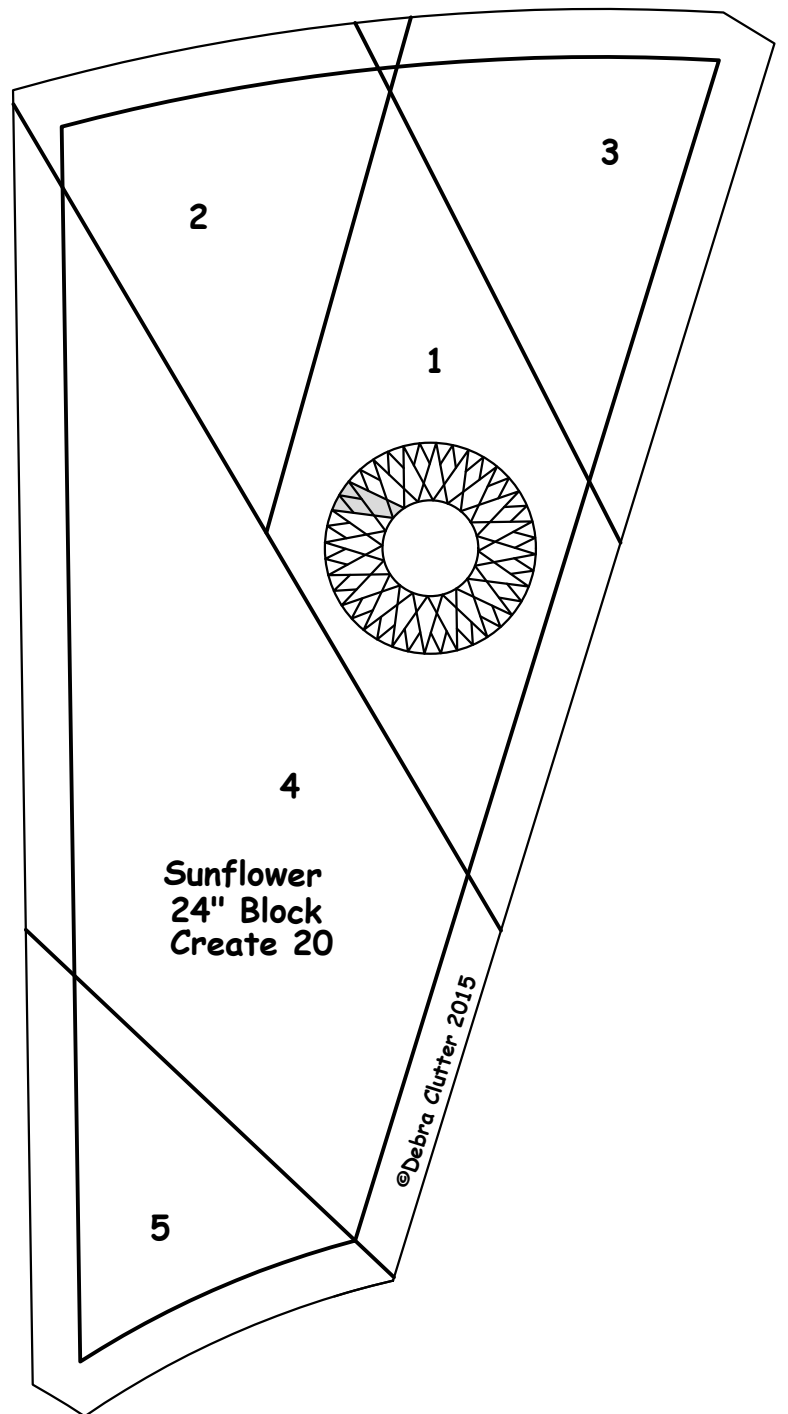
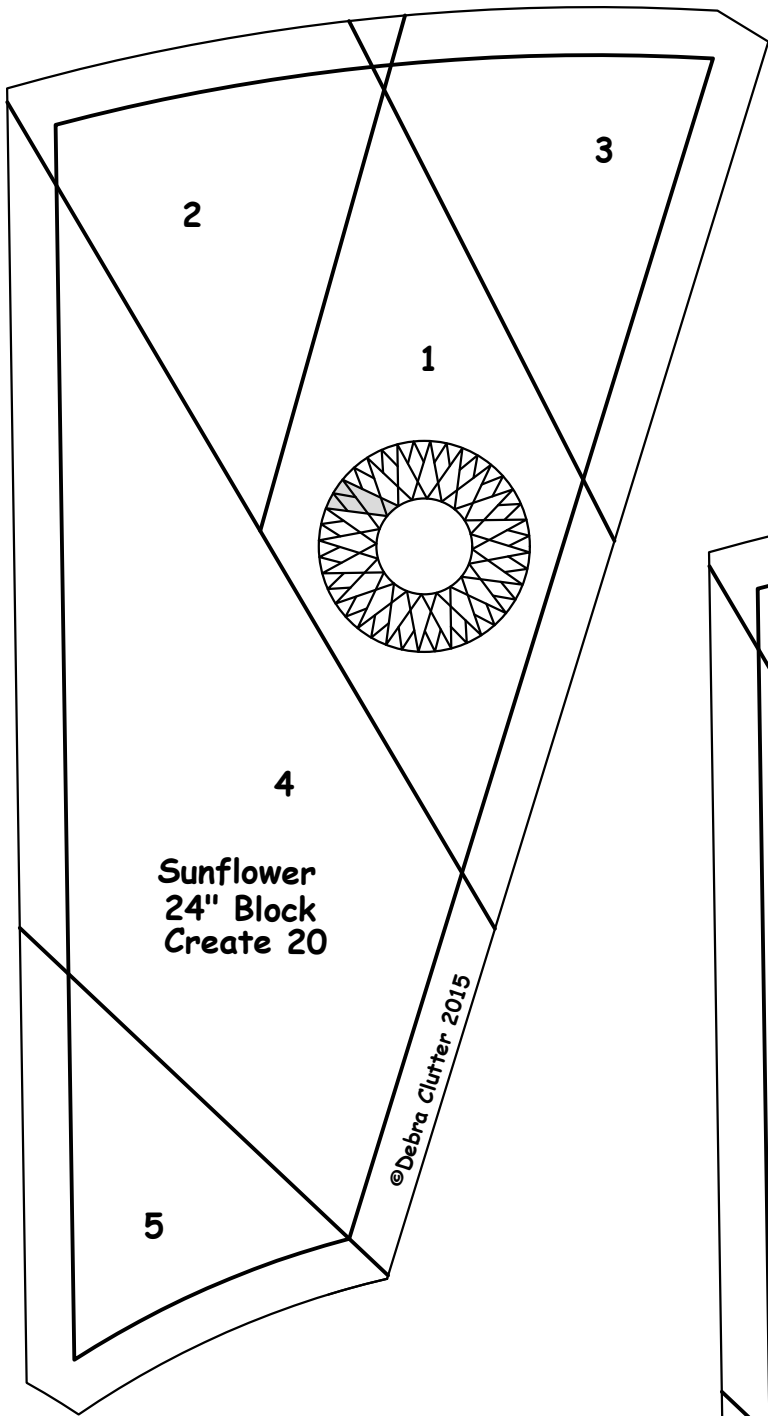
**Sunflower
Center Circle**

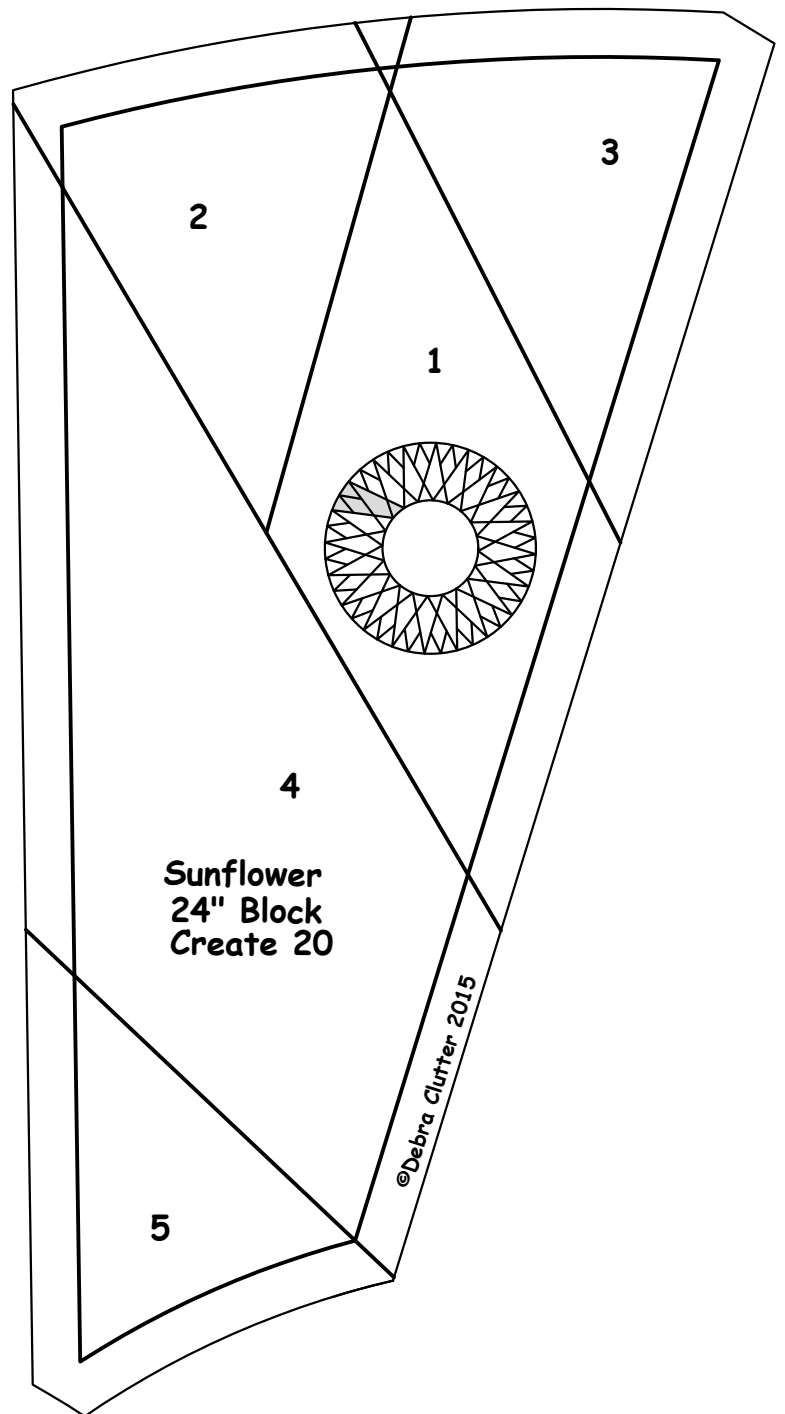
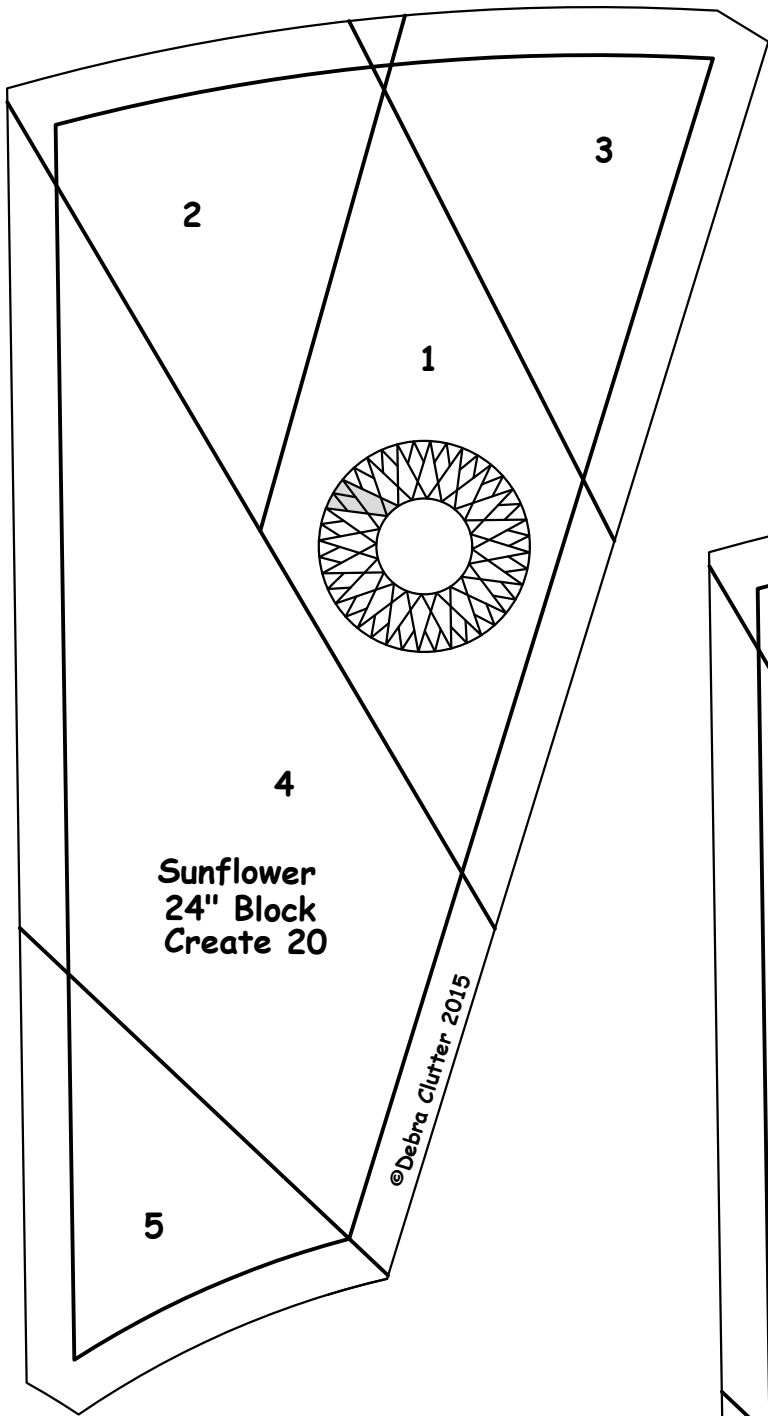
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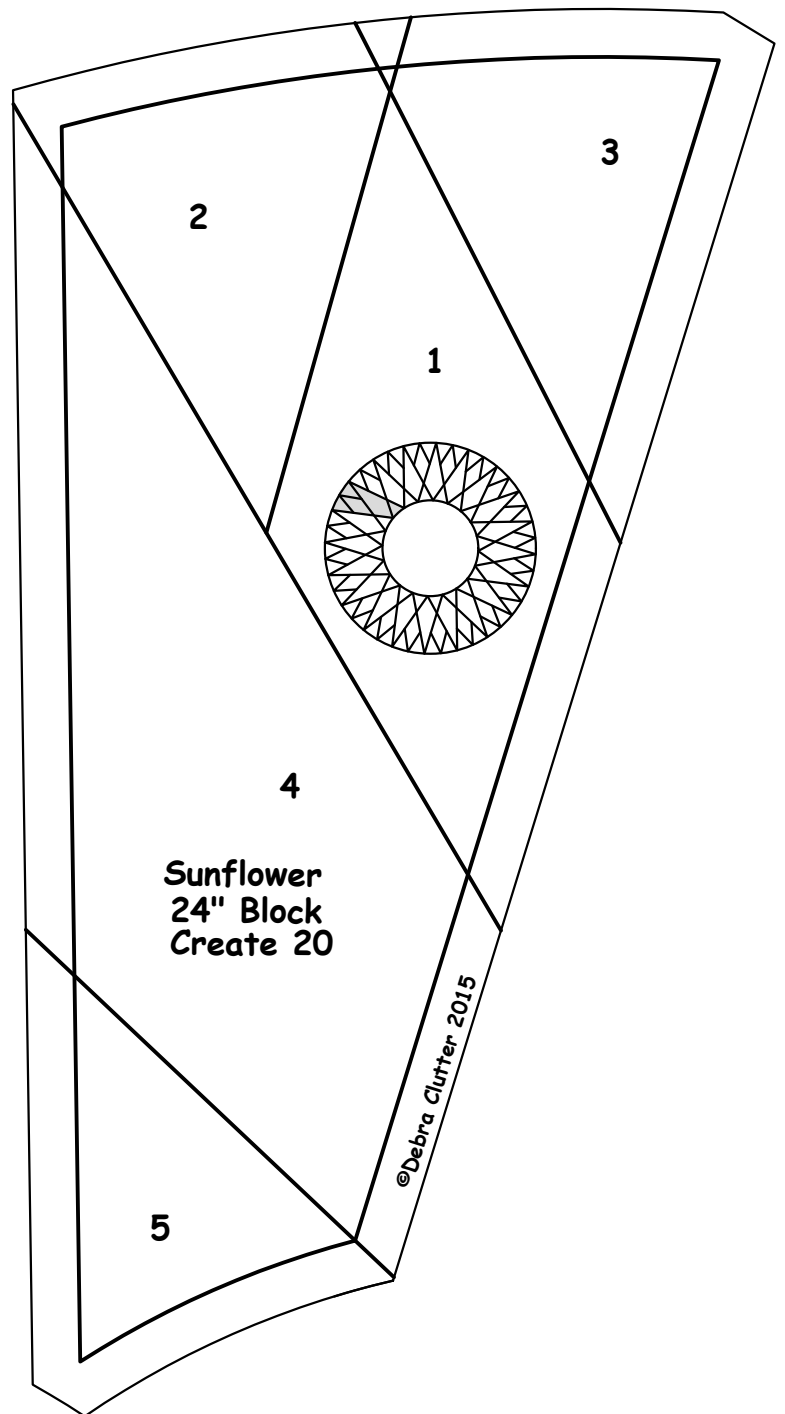
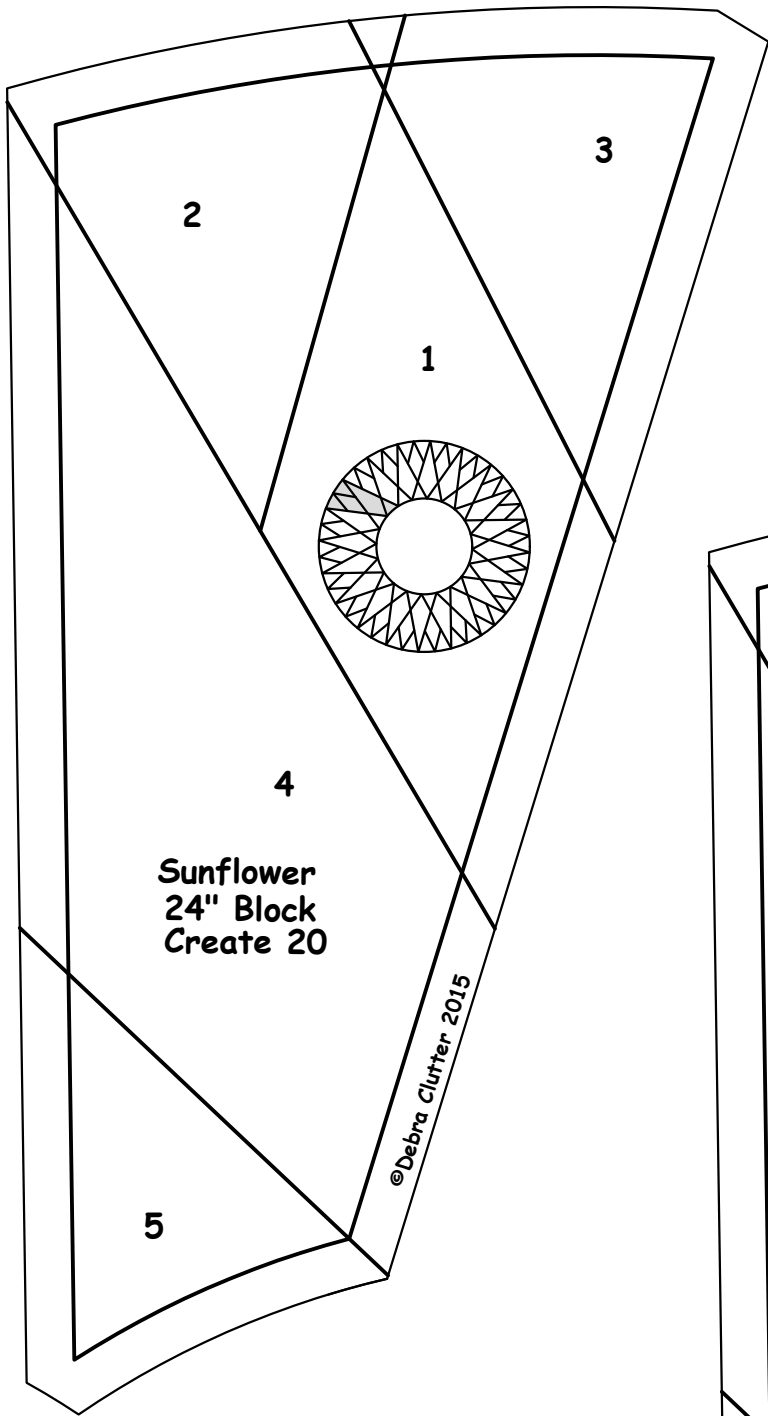
Place on Fold Of Freezer Paper To Create Full Template

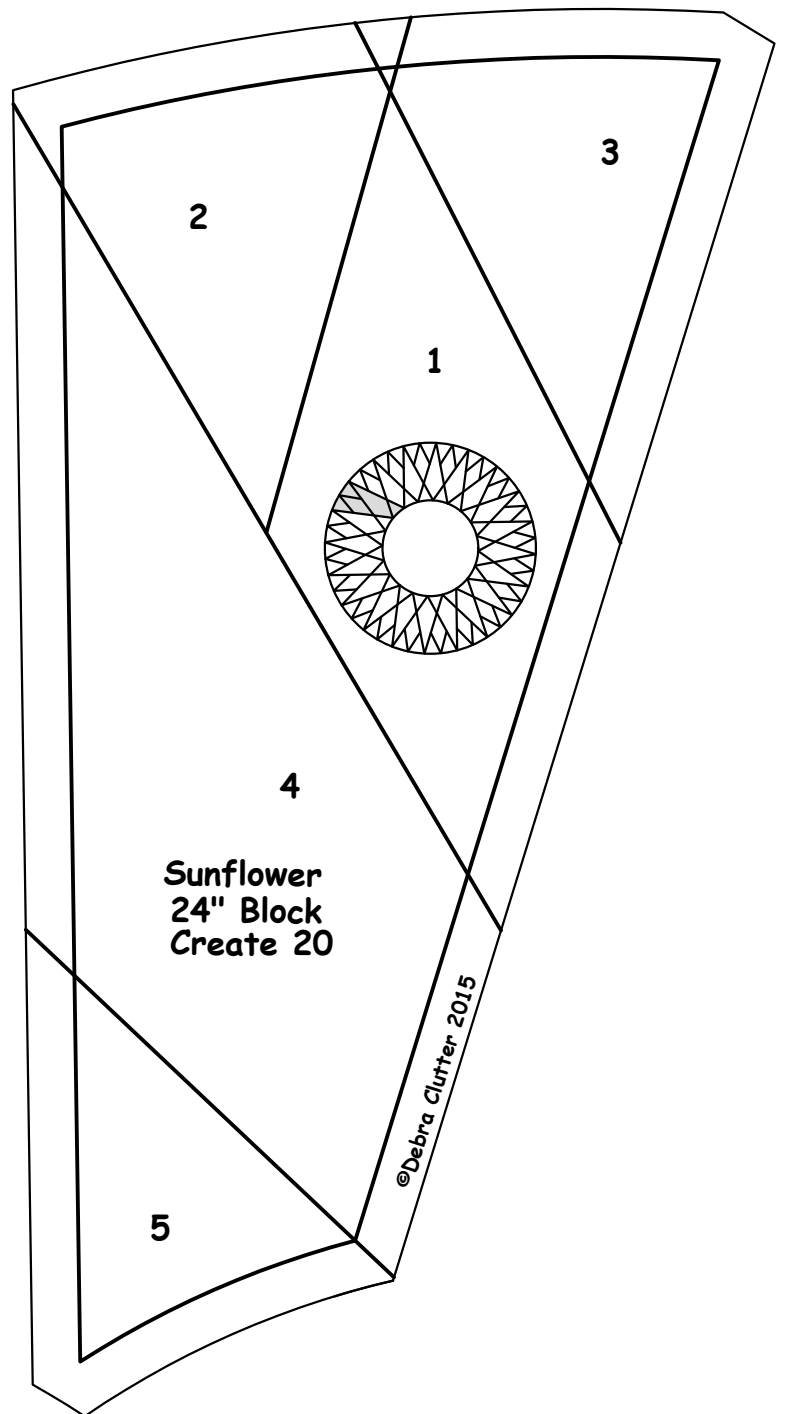
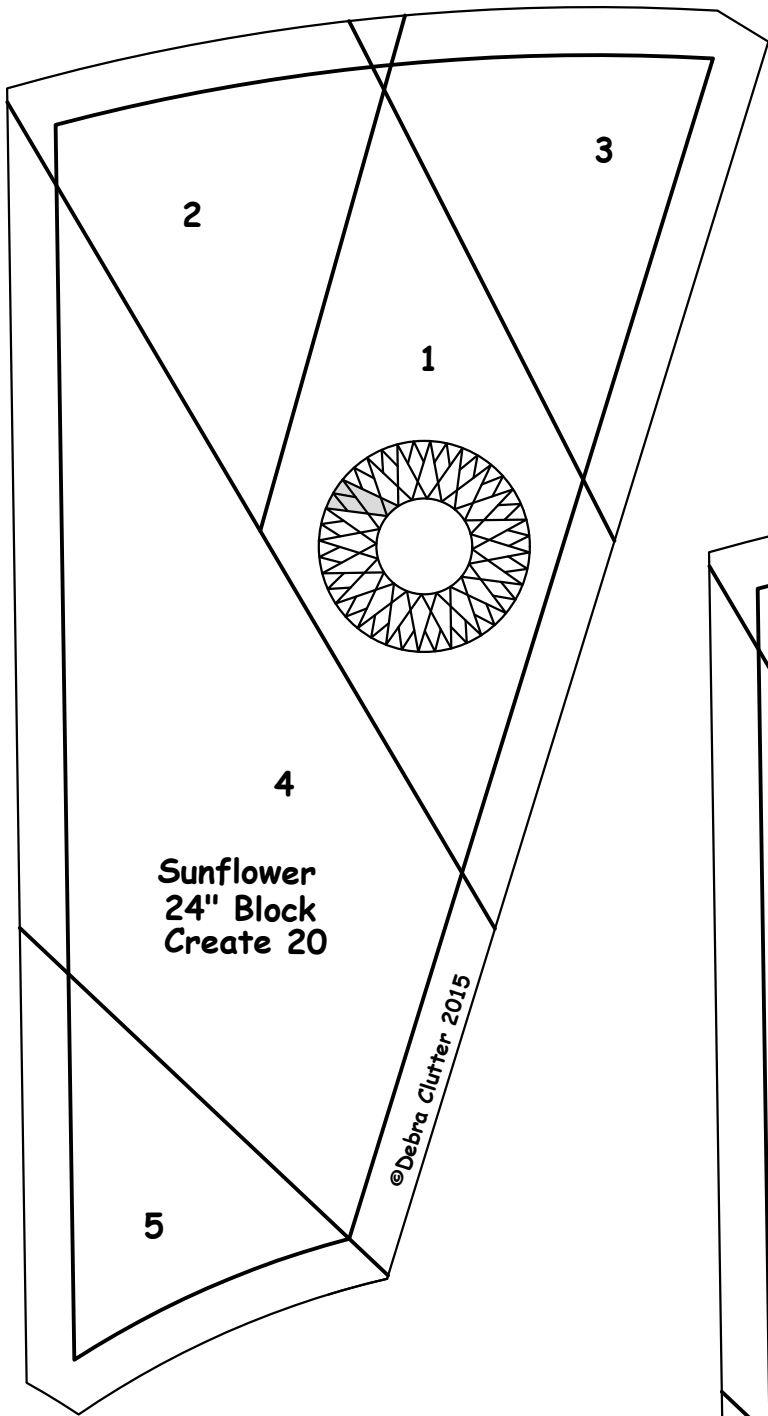
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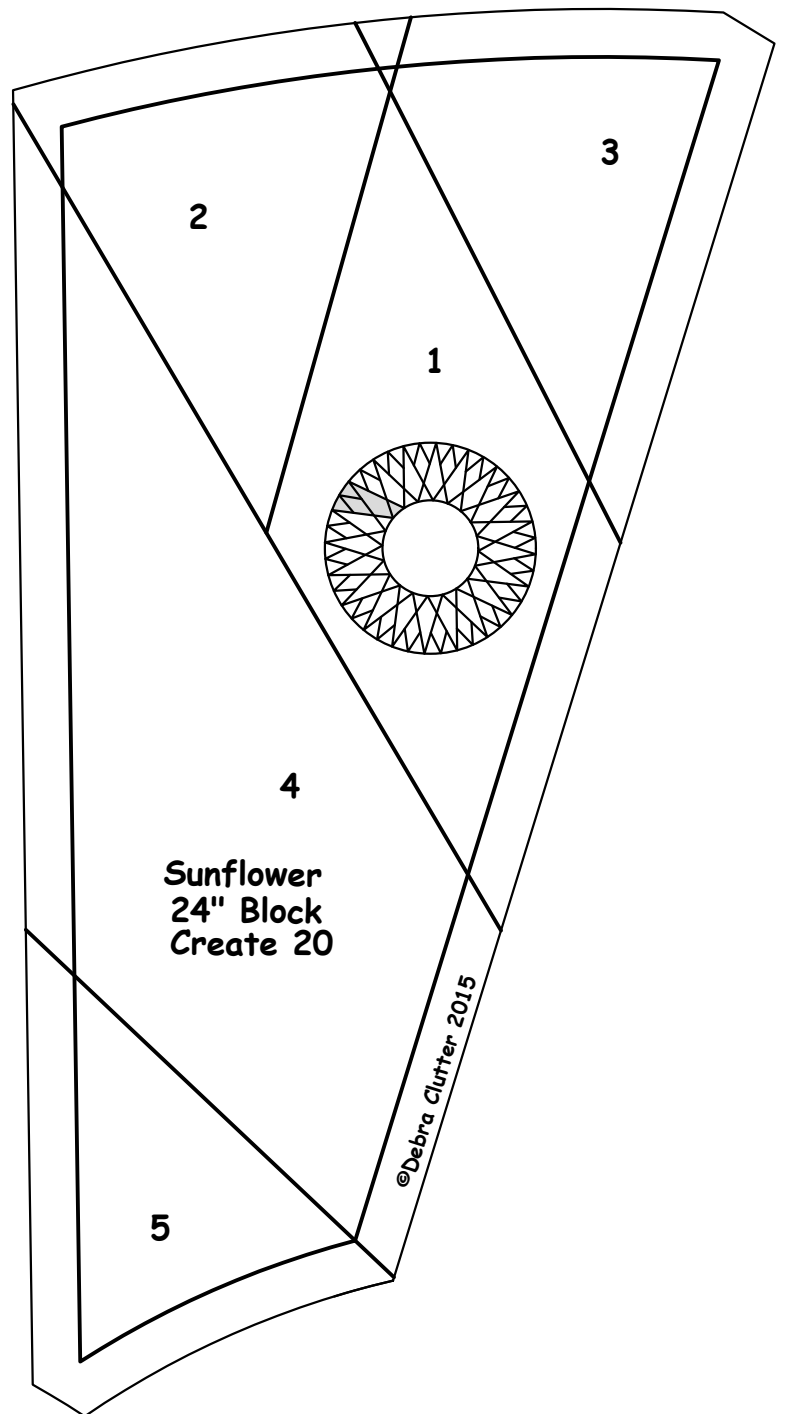
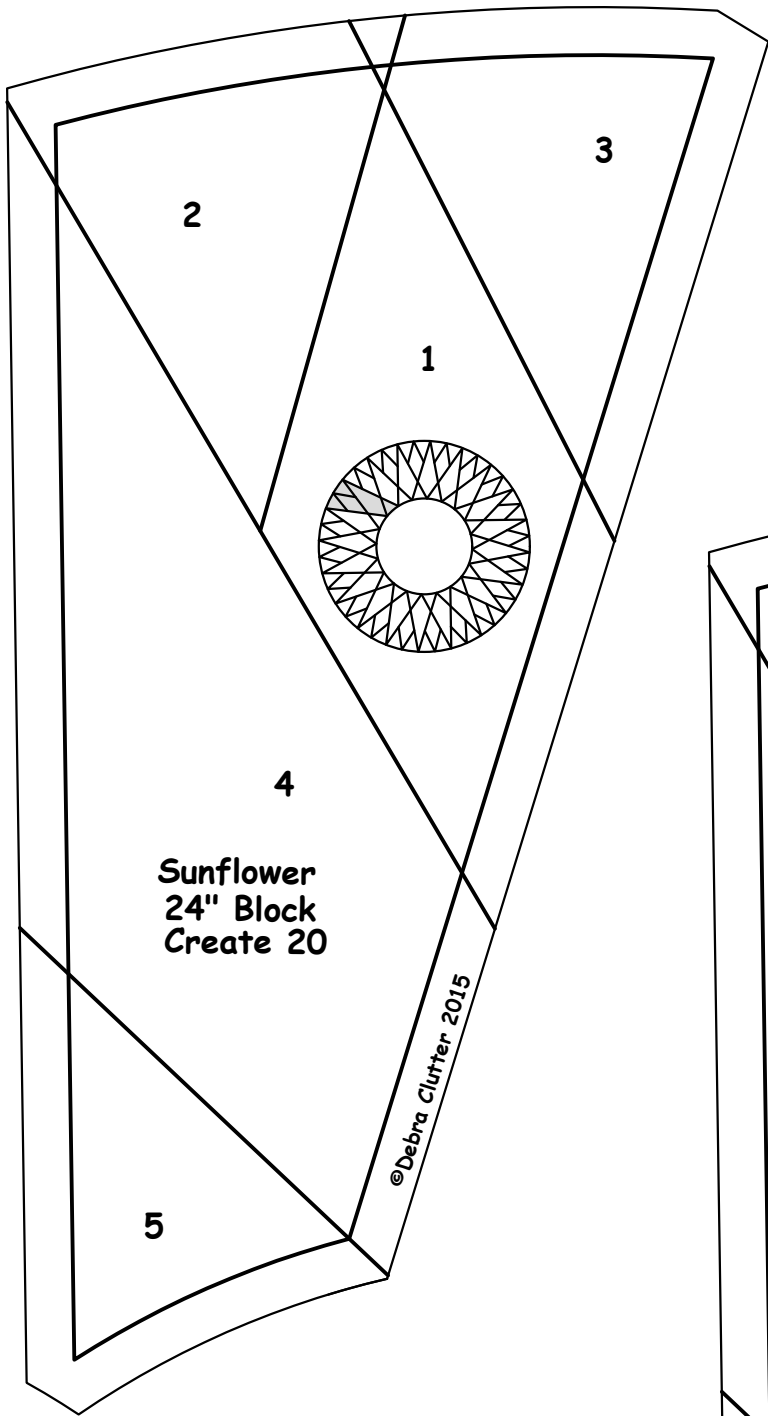


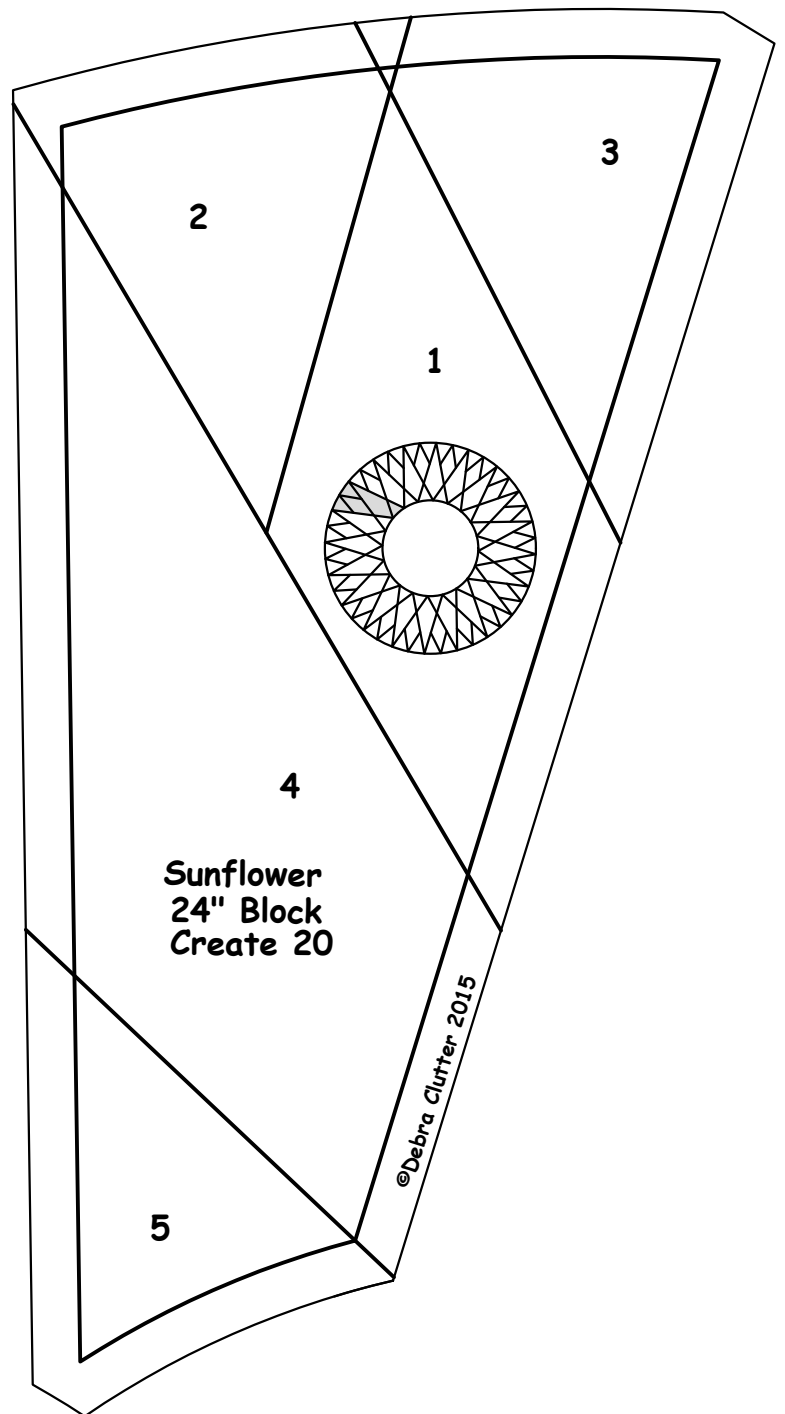
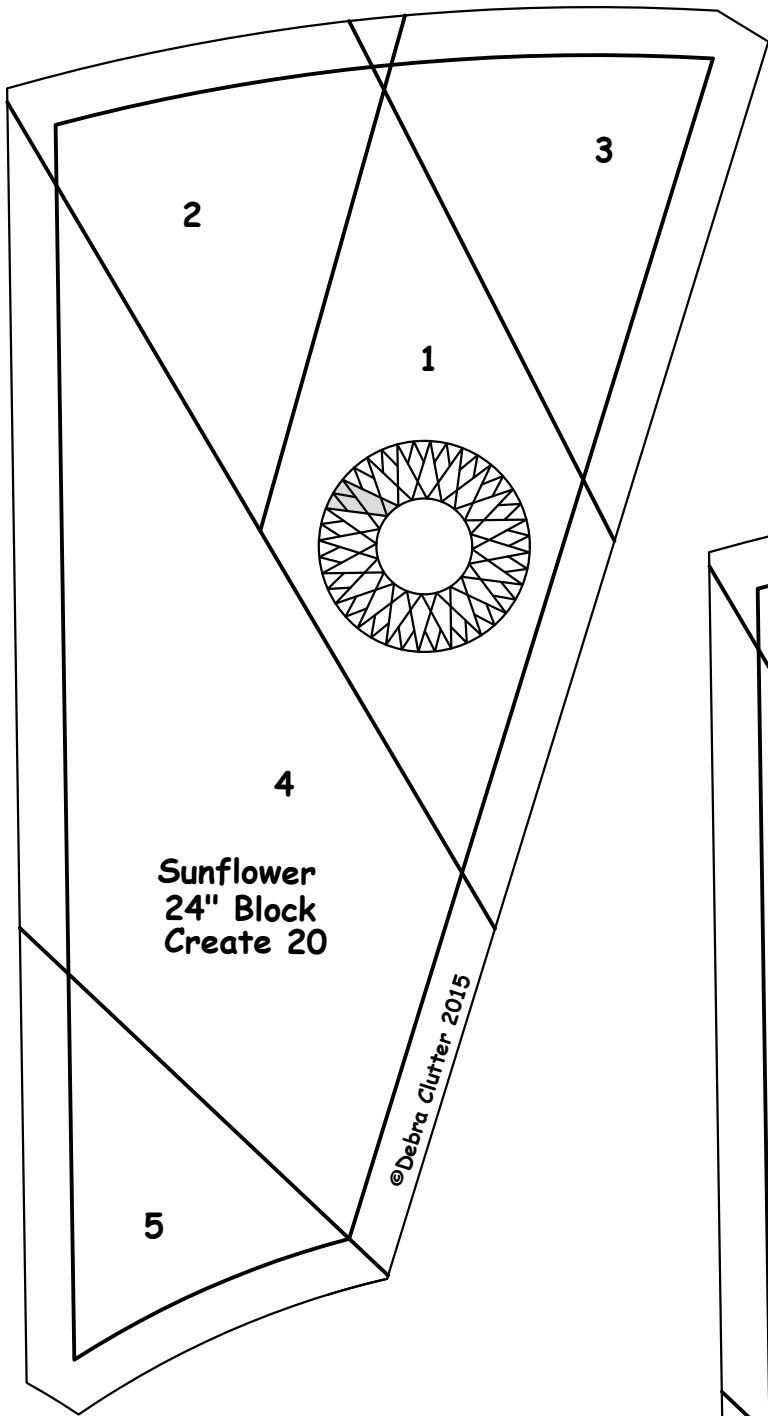


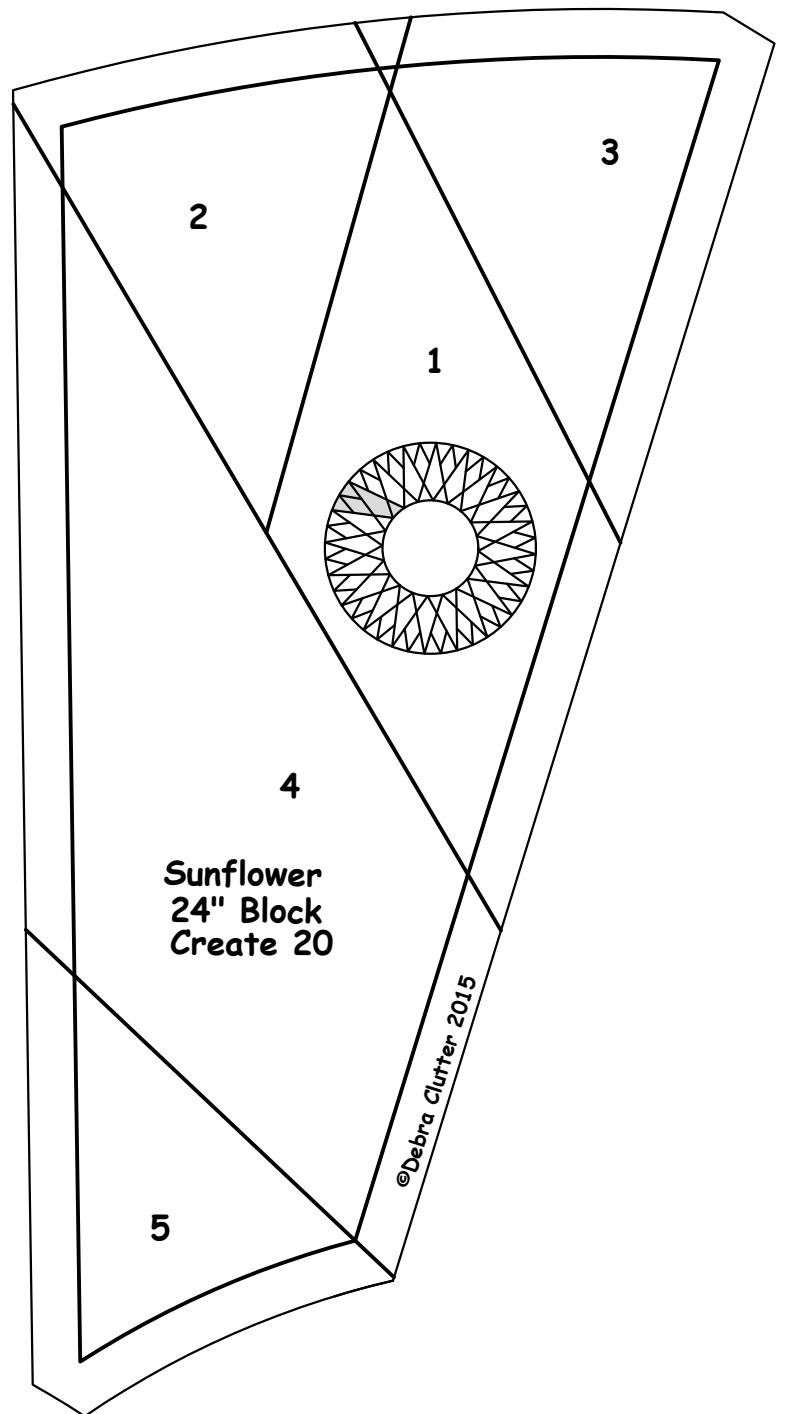
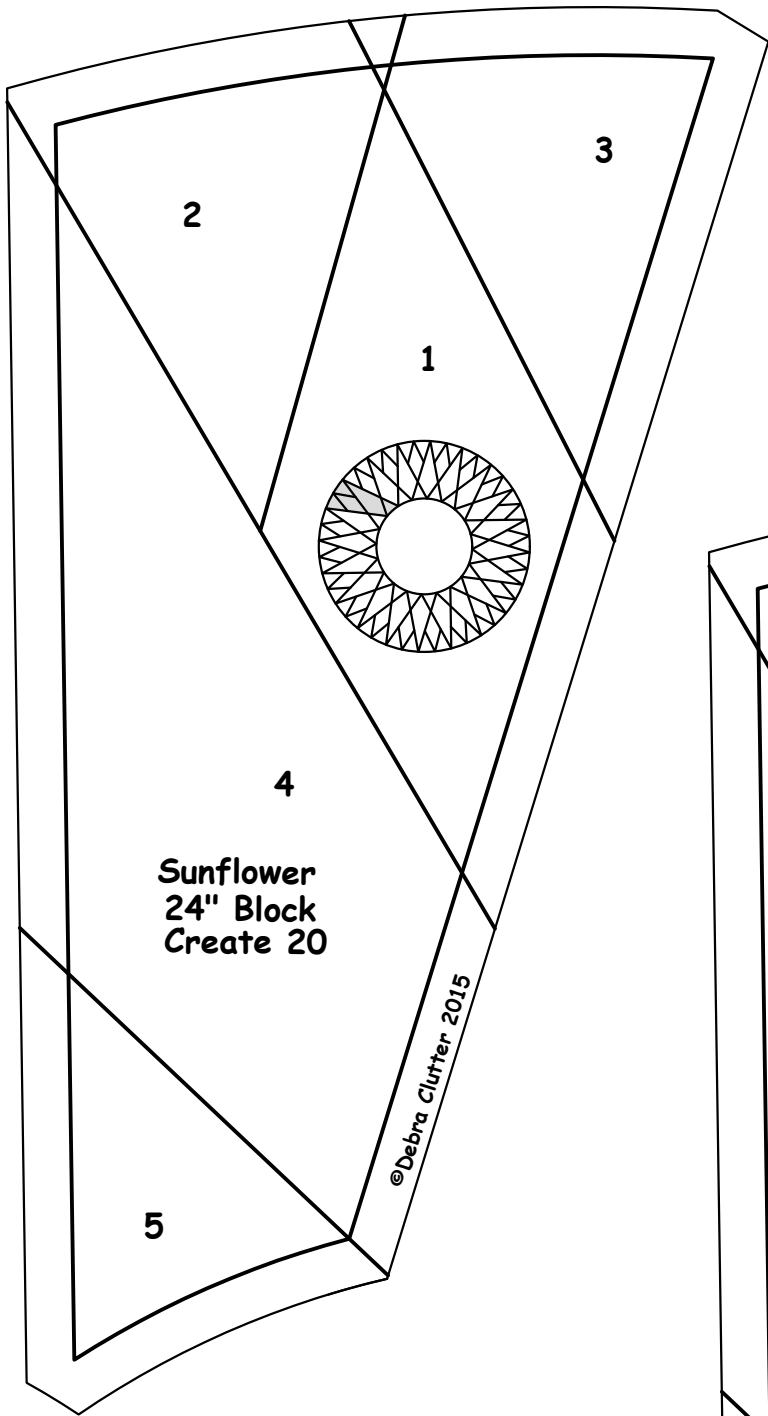


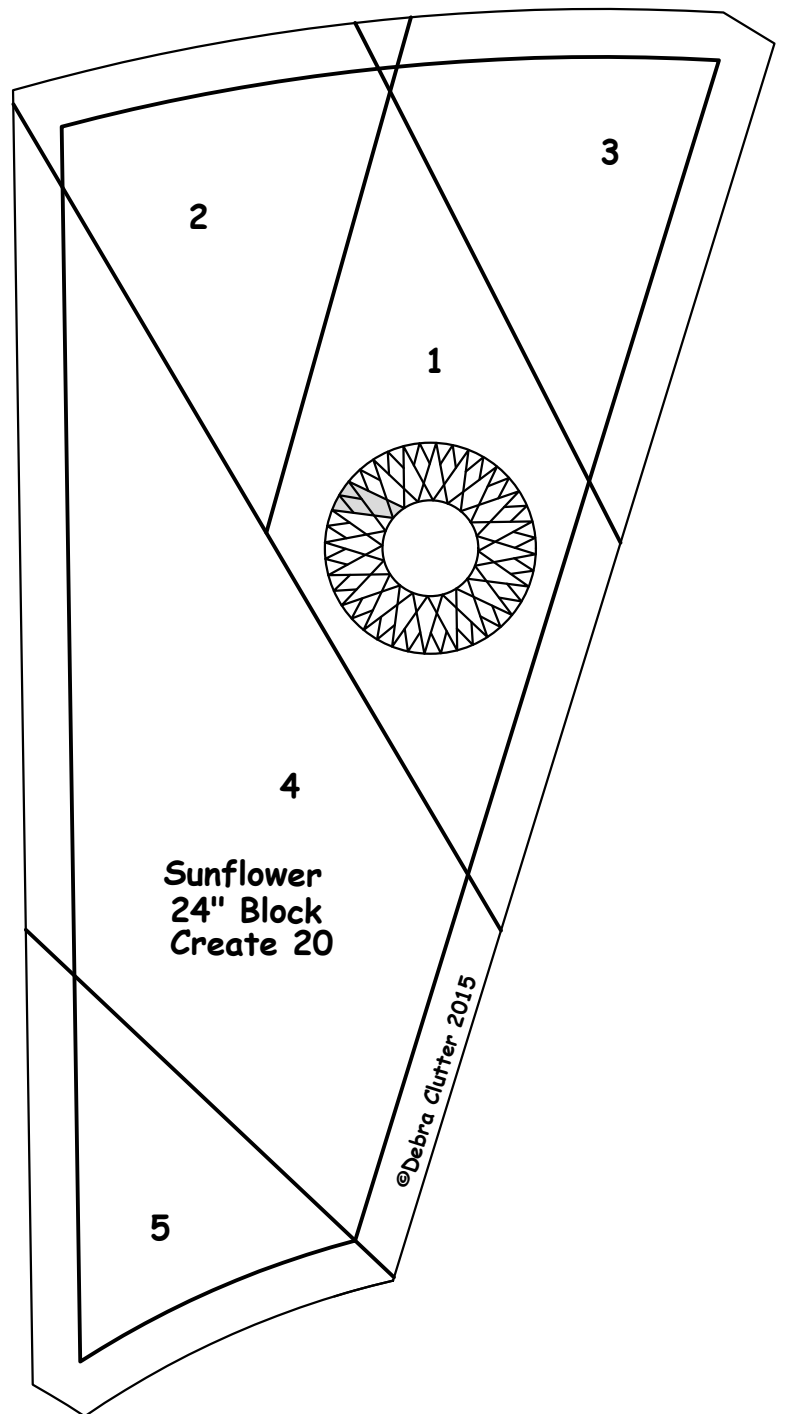
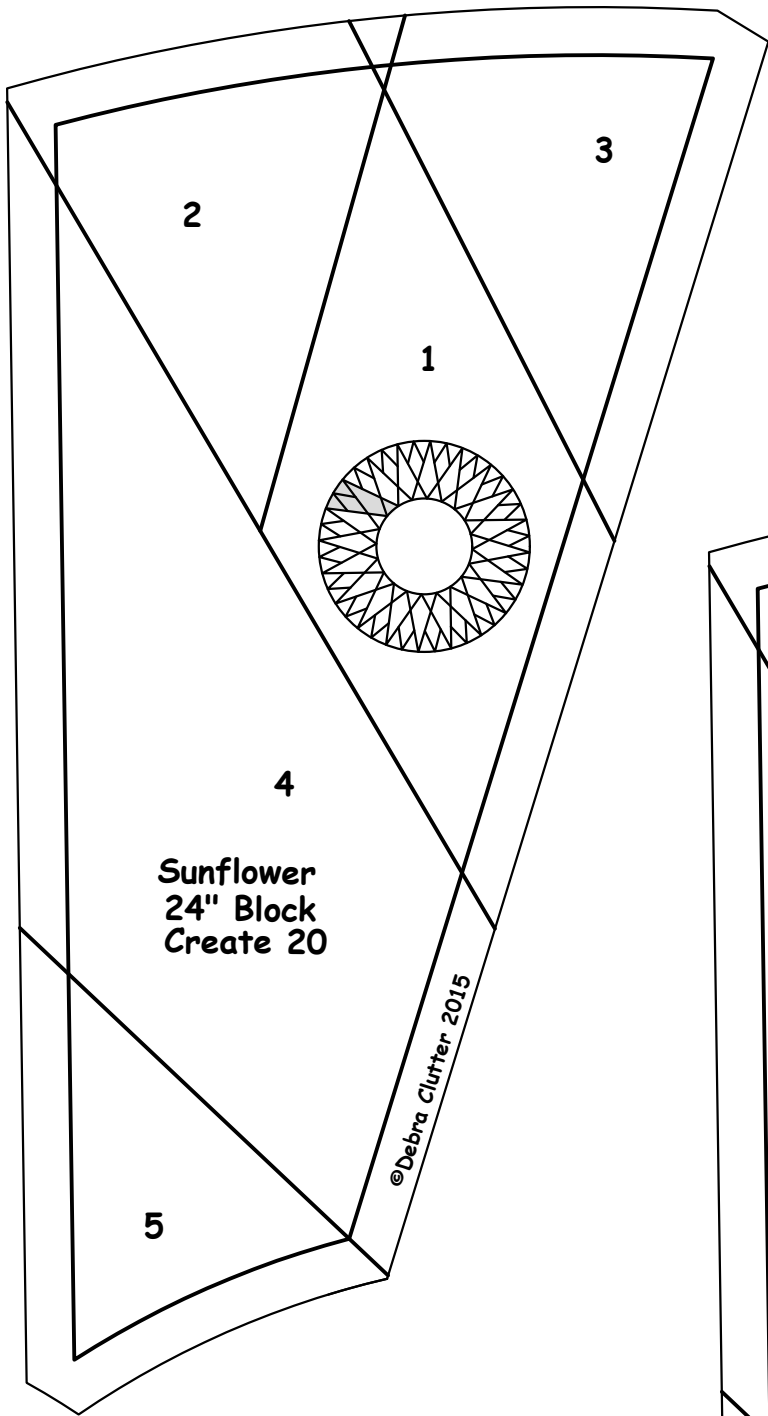


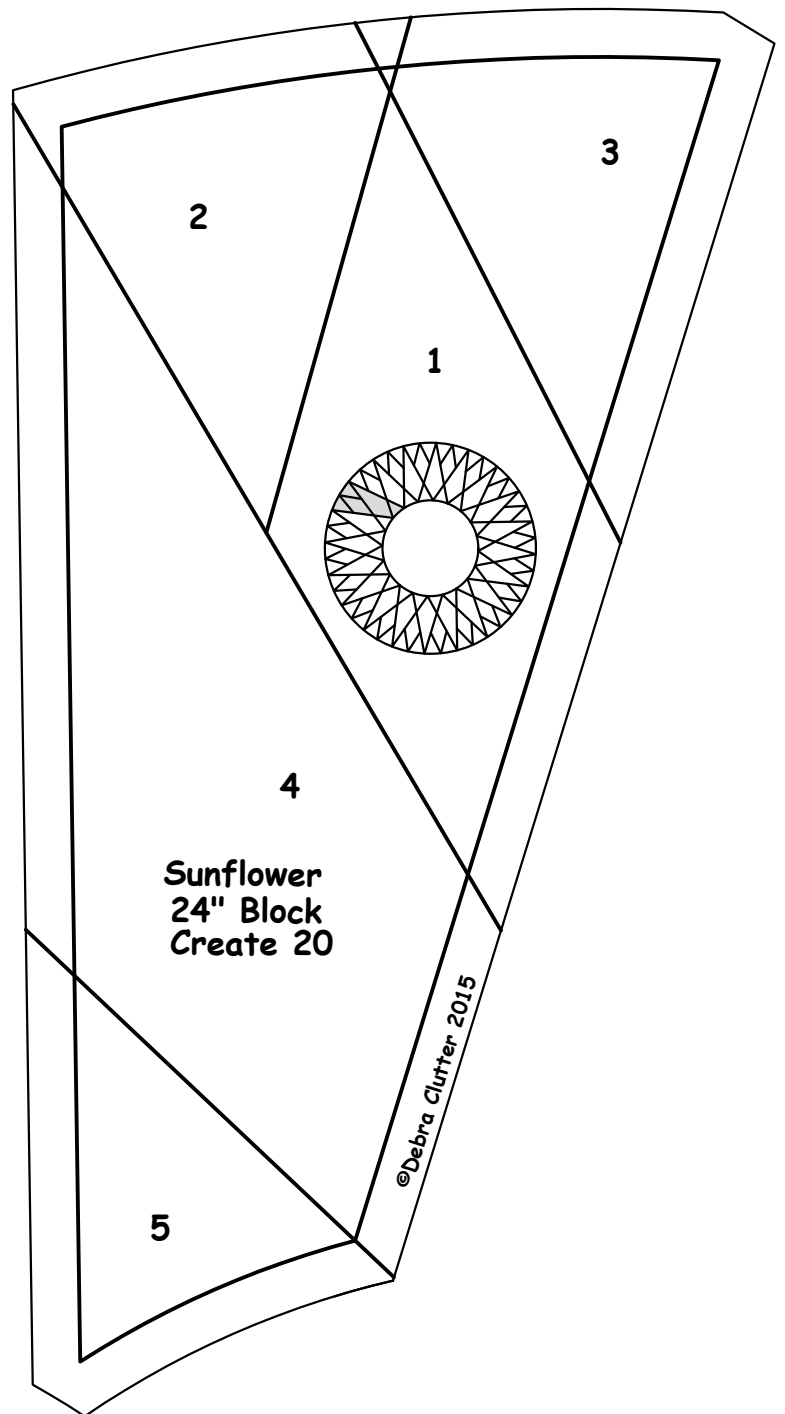
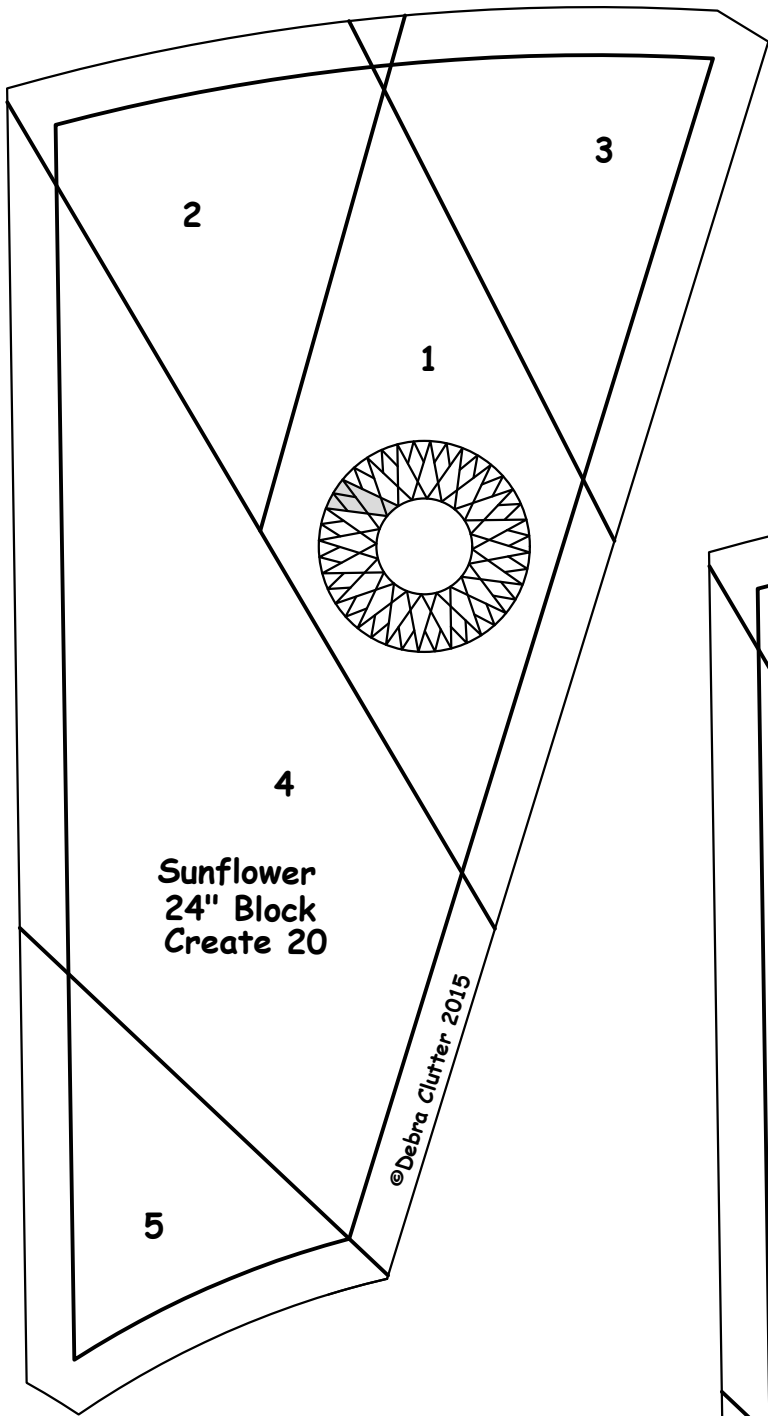


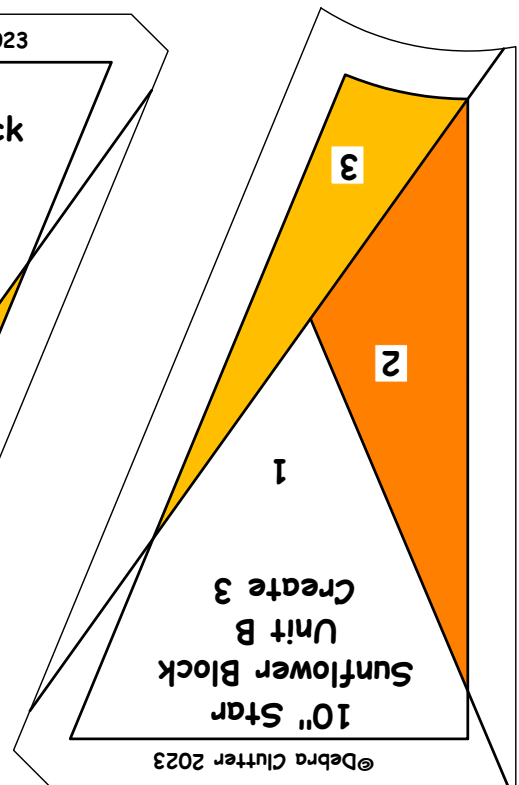
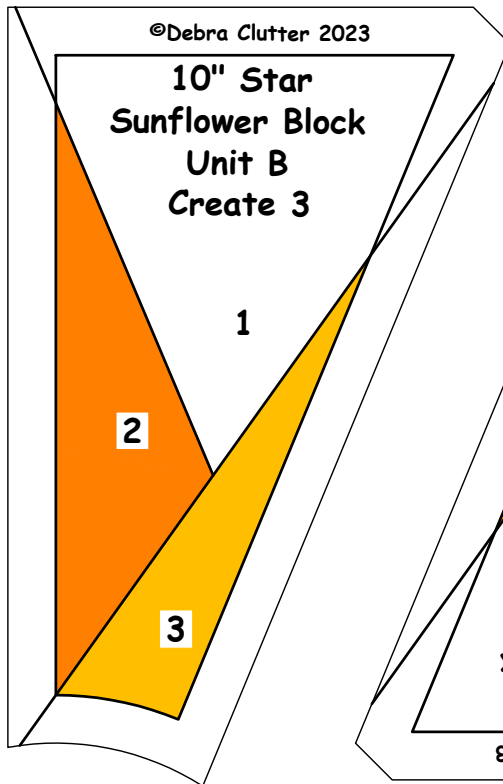
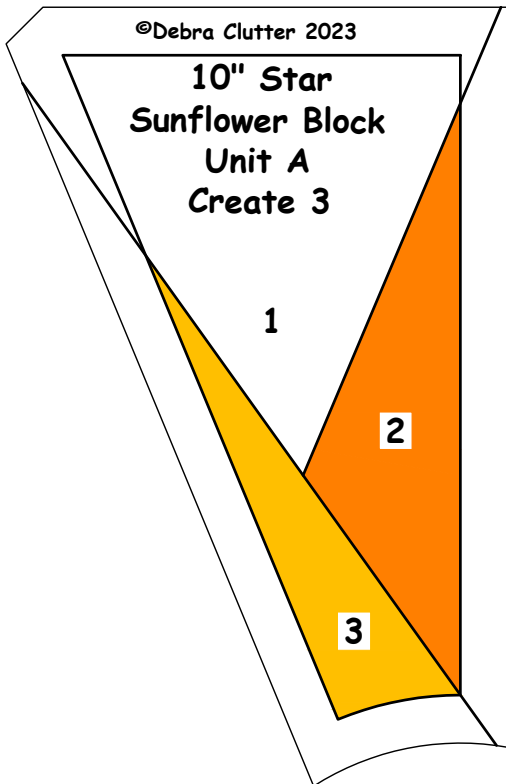
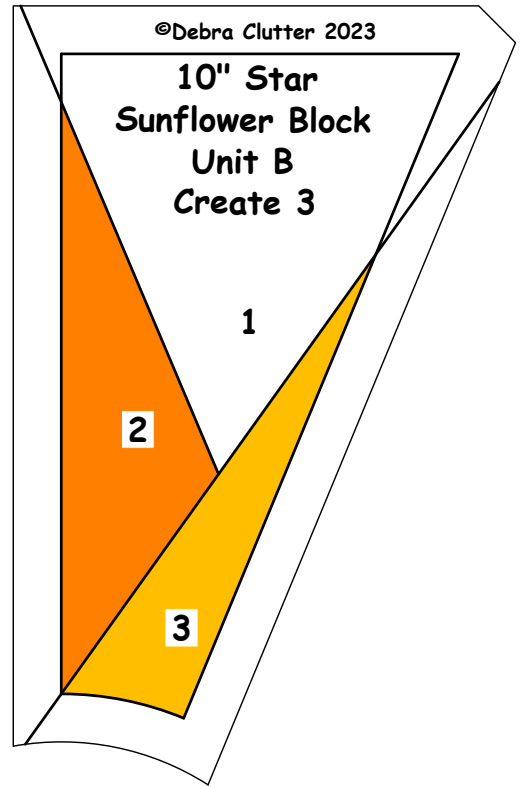
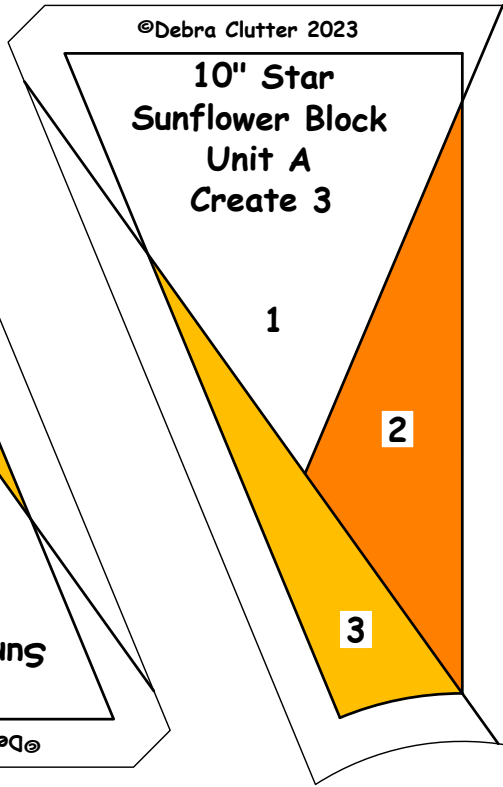
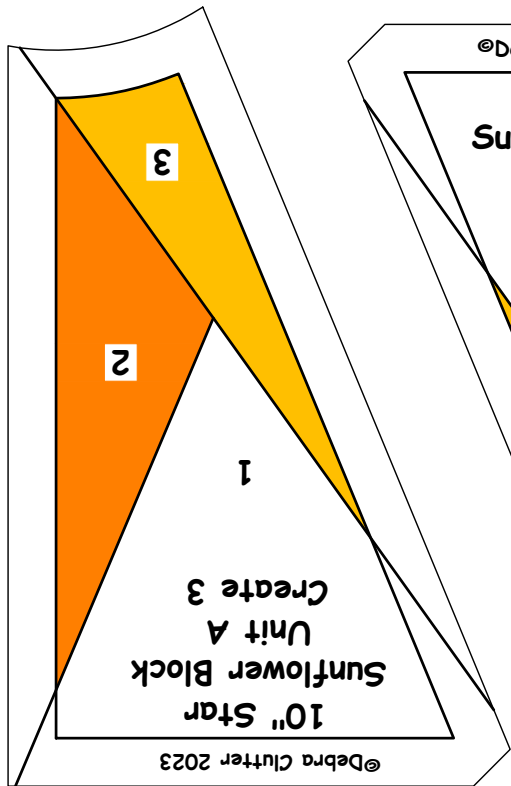


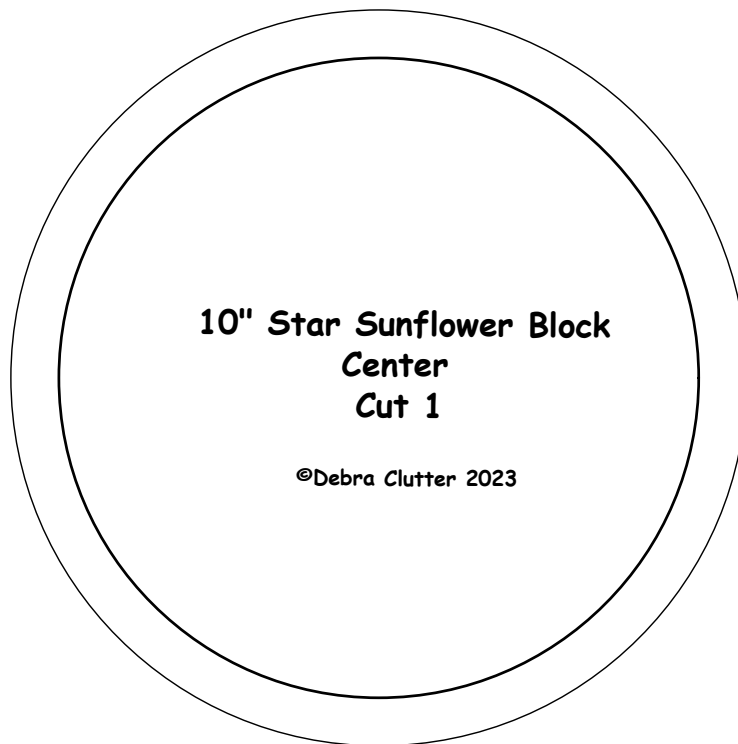
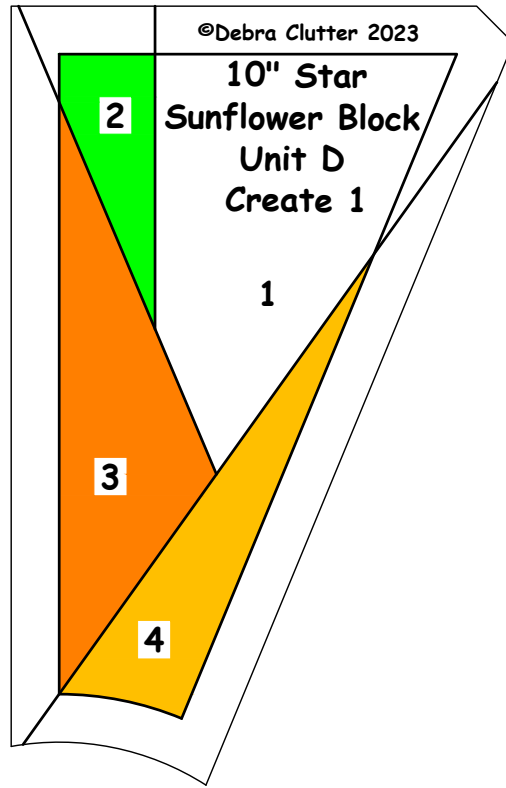
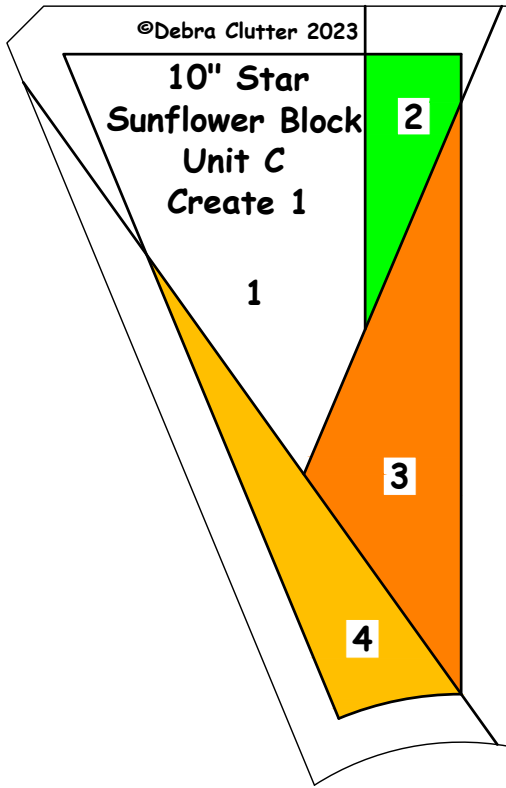












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10" Star
Sunflower Block

Unit F
Create 4
1

2

3

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10" Star
Sunflower Block

Unit E
Create 4
1

2

3

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10" Star
Sunflower Block

Unit E
Create 4
1

2

3

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10" Star
Sunflower Block

Unit F
Create 4
1

2

3

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Sunflower Block

Unit F
Create 4
1

2

3

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10" Star
Sunflower Block

Unit E
Create 4
1

2

3

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10" Star
Sunflower Block

Unit E
Create 4
1

2

3

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10" Star
Sunflower Block

Unit F
Create 4
1

2

3

